

## 11.8 and 11.10. RECOMMENDATION:

## Should MIDWIVES deliver a loading dose of magnesium sulphate to (a) prevent eclampsia and refer to a higher facility, and (b) treat eclampsia and refer to a higher facility?

**Problem**: Poor access to prevention of and treatment for eclampsia **Option**: Midwives delivering loading dose of magnesium sulphate

Comparison: Care delivered by other cadres or no care

Setting: Community/primary health care settings in LMICs with poor access to health professionals

Recommendation	We recommend against the option	We suggest considering the option with targeted monitoring and evaluation	We recommend the option		
	We suggest considering the use of midwives to deliver a loading dose of magnesium sulphate to prevent or treat eclampsia and refer to a higher facility with targeted monitoring and evaluation.				
Justification	There is insufficient evidence on the effectiveness of midwives delivering a loading dose of magnesium sulphate to prevent or treat eclampsia and refer to a higher facility. However, a World Health Organization guideline recommends that for settings where it is not possible to administer the full magnesium sulphate regimen, the use of magnesium sulphate loading dose, followed by immediate transfer to a higher-level health facility, is recommended for women with severe pre-eclampsia and eclampsia (very low quality evidence, weak recommendation) (WHO, 2011).				
Implementation considerations	The following should be considered when using midwives to deliver magnesium sulphate:  - The relevant professional bodies should be involved in the planning and implementation of the intervention to ensure acceptability among affected health workers  - The distribution of roles and responsibilities between midwives and other health workers needs to be made clear, including through regulations and job descriptions  - Changes in regulations may be necessary to support any changes in midwives' scope of practice  - Programmes need to ensure that this task promotes continuity of care, for instance by ensuring that all midwives are "upskilled" to deliver this task for all potential recipients  - Implementation needs to be in the context of a comprehensive remuneration scheme, in which salaries or incentives reflect any changes in scope of practice. Giving incentives for certain tasks but not for others may negatively affect the work that is carried out  - Referral systems need to function well, i.e. financial, logistical (e.g. transport) and relational barriers need to be addressed. Specifically, local health systems need to be strengthened to improve quality of care at the first referral facility  - Supplies and equipment need to be secure  - Responsibility for supervision needs to be clear and supervision needs to be regular and supportive  - Midwives and their supervisors need to receive appropriate initial and ongoing training				
Monitoring and evaluation					
Research priorities	Studies of the effects and acceptability of midwives delivering magnesium sulphate for the prevention and treatment of eclampsia				



## 11.8 and 11.10. EVIDENCE BASE:

Should MIDWIVES deliver a <u>loading dose</u> of magnesium sulphate to (a) <u>prevent</u> eclampsia and refer to a higher facility, and (b) <u>treat</u> eclampsia and refer to a higher facility?

**Problem**: Poor access to prevention of and treatment for eclampsia **Option**: Midwives delivering loading dose of magnesium sulphate **Comparison**: Care delivered by other cadres or no care **Setting**: Community/primary health care settings in LMICs with poor access to health professionals

	CRITERIA	JUDGEMENT	EVIDENCE		COMMENTS AND QUERIES
BENEFITS & HARMS OF THE OPTIONS	Are the anticipated desirable effects large?  Are the anticipated undesirable effects small?	No Probably Uncertain Probably Yes Varies yes  No Probably Uncertain Probably Yes Varies no yes  No Probably Uncertain Probably Yes yes  No Probably Uncertain Probably Yes yes	A systematic review searched for studies that assessed the effects of midlevel providers, including midwives, in improving the delivery of health care services (Lassi 2012). However, this review did not identify any studies that assessed the effects of midwives administering magnesium sulphate. We are therefore unable to draw any conclusions about the desirable or undesirable effects of this intervention.		Note: A World Health Organisation guideline recommends that for settings where it is not possible to administer the full magnesium sulphate regimen, the use of magnesium sulphate loading dose, followed by immediate transfer to a higher-level health facility, is recommended for women with severe pre-eclampsia and eclampsia (very
	What is the certainty of the anticipated effects?	Very Low Moderate High low direct evidence	midwives delivered antenatal, in services this care included. The while it may make no difference findings were seen in another s	entify a number of other studies, all from high income settings, in which intrapartum and postpartum care, although it is not clear precisely what he review suggests that midwife-led care may improve several health outcomes to other outcomes. However, the certainty of this evidence varies. Similar systematic review on the effects of midwife care (Hatem 2008)	low quality evidence, weak recommendation) (WHO, 2011). The guideline makes no reccommendation regarding (a) which cadre should deliver the loading or maintenance doses for preventing and treating eclampsia, and (b) what should be done when immediate
	Are the desirable effects large relative to the undesirable effects?	No Probably Uncertain Probably Yes Varies no yes □ □ □ □	Annex: page 4 (Lassi 2012)		transfer to a higher-level facility is not possible following the loading dose.
	Are the resources required small?		Main resource requirements		
RESOURCE USE			Resource	Settings in which midwives already provide other care	
		No Probably Uncertain Probably Yes Varies	Training	E.g. less than 1 week of training for midwives to diagnosis and manage eclampsia and pre-eclampsia	
			Supervision and monitoring	Regular supervision by senior midwife or doctor	
			Supplies	Magnesium sulphate, calcium gluconate, IV equipment	
			Referral	Transportation to a centre where comprehensive emergency obstetric care (CeMOC) is available	



	CRITERIA	JUDGEMENT	EVIDENCE	COMMENTS AND QUERIES
	Is the incremental cost small relative to the benefits?	No Probably Uncertain Probably Yes Varies no yes	Uncertain as there is no direct evidence on effectiveness.	
ACCEPTABILITY	Is the option acceptable to most stakeholders?	No Probably Uncertain Probably Yes Varies no yes	A systematic review of task-shifting in midwifery programmes (Colvin 2012) did not identify any studies that evaluated the acceptability of using midwives to deliver the loading dose or maintenance dose of magnesium sulphate for eclampsia. We are therefore uncertain about the acceptability of this intervention to key stakeholders.  Indirect evidence: For other midwife-delivered interventions, the same review suggests the following:  • Mothers and midwives are more likely to accept task-shifting initiatives if they increase the midwives' ability to provide more holistic and continuous care (moderate certainty evidence)  • Midwives and their supervisors and trainers generally felt midwives had no problem learning new medical information and practicing new clinical techniques (moderate certainty evidence). Midwives may also be motivated by being "upskilled" as it can potentially lead to increased status, promotion opportunities and increased job satisfaction (moderate certainty evidence).  • However, midwives may not readily accept a mode of care that views pregnancy as risky and uncertain (moderate certainty evidence). They may also be less likely to accept tasks that increase the involvement of others in the clinical care (moderate certainty evidence). In addition, midwives may be concerned about the increased liability that may accompany new tasks and may be wary of new tasks that increase their workload (moderate certainty)  • Doctors may be skeptical about the extension of midwifery roles in obstetric care, although doctors who worked closely with midwives tended to have better attitudes towards them (low certainty evidence).  • Alack of clarity in roles and responsibilities between midwives and other health worker cadres, as well as status and power differences may also lead to poor working relationships and 'turf battles' (moderate certainty evidence)	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies no yes □ □ □ □ □	The intervention requires relatively few supplies (magnesium sulphate, calcium gluconate and IV equipment). In addition, it is simple to deliver and requires only a small amount of training.  Regular supervision needs to be in place, and adequate referral to a higher level of care for further management may also be necessary. However, a systematic review (Colvin 2012) suggests that ongoing support, training and supervision was often insufficient in midwife taskshifting programmes (moderate certainty evidence). In some settings, changes to norms or regulations may be needed to allow midwives to prescribe and deliver magnesium sulphate.  Annex: page 20 (Colvin 2012)	